

Community Partners

We provide consultation to diverse partners, organizations, and communities and participate in multiple countywide and local networks that include:

- ◆ DMH Birth to Five Service Area Collaboratives
- ◆ Transdisciplinary Leadership Consortium
- ◆ First 5 LA
 - Prenatal to Five Workforce Development Project
 - Best Start LA
- ◆ LA Partnership for Early Childhood Investment
- ◆ Perinatal Mental Health Task Force Systems Change Workgroup
- ◆ Policy Roundtable for Child Care and Development
- ◆ LA County Strengthening Families Learning Community
- ◆ Magnolia Community Initiative
- ◆ School-based Mental Health Service Area Collaboratives
- ◆ Mental Health Provider EBP Networks
- ◆ DMH System Leadership Team Standing Committee on Innovative Projects

This program does not provide direct mental health services.

For further information, contact:

Los Angeles County
Department of Mental Health
Children's System of Care
Family and Community Partnerships Program

(213) 739-5428



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Los Angeles County Department of Mental Health **Family & Community Partnerships and Child PEI**



What We Do

- Strengthen system and community capacity to address the mental health needs of children and their families
- Contribute to related workforce, program and policy development
- Promote strategic investments in infant and early childhood, and school-based mental health



We do this through the following programs:

- **Prenatal to Five**
- **PEI Evidenced-Based Practices (EBPs) for Children**
- **School-based Mental Health**
- **Partners in Suicide Prevention**
- **Stigma and Discrimination Reduction**



Prenatal
to
Five

The **Prenatal to Five** program strives to strengthen the socio-emotional well-being of young children and their families through mental health promotion, prevention, and early intervention.

Main Activities: Countywide and Service Area capacity-building for perinatal, infant, and early childhood mental health and family support:

- Networking
- Resource-sharing
- Collaborative learning opportunities
- Workforce development
- Clinical practice
- Service delivery
- Funding opportunities
- Local, statewide and national policy issues

This includes: hosting **Infancy, Childhood And Relationship Enrichment (ICARE)** sessions and the ICARE Steering Committee; and supporting the Service Area Birth to Five Coordinators.

Our staff also links DMH with selected community initiatives, networks and systems related to maternal and child health, child development, early care and education, health care, and the Regional Centers for the developmentally disabled.

Evidence-Based Practices (EBPs) for Children

California's Mental Health Services Act (MHSA) funds Prevention and Early Intervention (PEI) services and programs that include Evidence-Based Practices (EBPs) designed for priority populations.

Our unit's "Practice Leads" provide support for mental health providers who are implementing parent/caregiver and child-focused EBPs. This support includes:

- Coordination of Training
- Consultation
- Technical assistance
- Program Evaluation

Among the EBPs that staff manage are: Child-Parent Psychotherapy (CPP), Incredible Years (IY), Nurse-Family Partnership (NFP), Parent-Child Interaction Therapy (PCIT), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Positive Parenting Program (Triple P). Other practices for children and youth include Crisis Oriented Recovery Services (CORS) for children and Managing and Adapting Practice (MAP).

This unit also administers the First 5 LA grant-supported PCIT Project.



School-based Mental Health

Through its directly operated programs and contract providers, DMH offers mental health services to public schools in Los Angeles County.

We provide technical assistance and guidance to DMH Service Area leadership and school partners to promote best practices in the delivery of school-based mental health services.

Our School Mental Health staff:

- Support DMH Service Area School-based Mental Health Coordinators by convening regular meetings and providing individual consultation
- Develop administrative policies and protocols to guide the delivery of school-based mental health services and maintain data bases that include a county-wide list of the schools where mental health services are provided
- Represent DMH in the School Health Center Policy Roundtable and the School Attendance Task Force
- Provide countywide coordination and technical assistance for the Integrated School Health Center (ISHC) project and participate in related meetings and workgroups



Partners in Suicide Prevention (PSP) Team for Children

The **PSP Team** is dedicated to increasing public awareness of suicide and reducing stigma associated with seeking mental health and substance abuse services. The team offers:

- Education and Trainings
- Appropriate suicide prevention resources
- Linkage and referrals to age-appropriate services

The **PSP Team** also supports the:

- Youth Suicide Prevention Project – consists of a website for school personnel in LA County and targeted outreach activities to selected school districts
- Los Angeles County Suicide Prevention Network – includes advocates, providers, researchers, survivors, and representatives from multiple agencies and whose vision is to “promote public and professional awareness, education, training, and engagement regarding suicide and suicide prevention, intervention, and postvention in Los Angeles County.

A Reason to Care and Connect (ARCC)



Through “social inclusion” this initiative aims to reduce the stigma and discrimination that children with serious mental health needs and their families experience. Staff provide community and school-based trainings for parents and youth using an empathy-based approach.

Available Trainings include:

- Stigma Reduction: A Reason to Care and Connect
- Understanding and Connecting with our Children
- Caring for our Children's Mental Health
- Having that Conversation with your Child's Doctor
- Educate, Equip & Support (EES)
- Feeling in Control
- Bullying: Stigma and Prevention
- Health Relationships: Friendships & Dating
- Youth Mental Health First Aid (Y-MHFA)